



We're on the Web at
www.medlowpublicschool.com



Medlow Public School is a
proud member of the Valley 10
Community of Public Schools

*"Great teaching is explicit,
engaging and enables
students to experience
success."*

Upcoming Events

November	
20	NRL ball skills workshop
23	Gala Day
24	Art Exhibition opening
26	Bowraville Excursion-am, School swim program
27	Book Club order due
December	
3	School swim program
10	School swim program

Medlow Public School

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Week 6 Term 4 2018

CREATIVITY

RESPECT

TEAMWORK

New Enrolments

We welcome new students and their families to Medlow today. We sincerely hope you become involved in the life of our small school. We hope you enjoy all the wonderful things that the P&C, together with the staff, work so hard for in order to provide opportunities for our students.

We invite you to contribute and participate in whatever way you can.

Bus

Our sudden enrolment increase has meant that our bus timetables have changed.

Afternoon drop offs will be 10 minutes later.

In addition, any changes to the normal travel of your child will need to be communicated by a note to the driver.

Please do not ring or email the school, as all communication of this nature needs to be between the parents and the bus driver.

Of course in case of an emergency parents are still able to contact the school.

School Focus

Make friends and learning teams.

Art Show Opening Night

I look forward to sharing the opening night with families and staff on Saturday 24 November from 6pm until 7.30pm.

I would like Medlow students to be part of the speech presentation so your RSVP is important.

Class Awards

Congratulations to Brodie Mann and Quinten Welsh who received class awards last week.

Brodie received his award for perseverance in Touch Typing Tournament and Quinten's award was for building resiliency skills in communication.

Excursion to Scotts Head for League Tag

On Friday 23 November we will attend a mixed League Tag Gala Day at Scotts Head.

Please find attached permission note, information sheet and a canteen menu. Permission notes with payment need to be returned to school by Wednesday 21 November.

Building Resilience

At Medlow we invest in our student's ability to empower themselves. We support students to think about their choices and how their for League Tagown thinking has a big impact on their feelings. Children and young people can change their mindset towards conflict, bullying or social isolation

The key messages are;

Don't take bullying personally

Don't blow things out of proportion

Think to yourself "I can cope with this and I can stand it, even though I don't like it.

The 10 tips to less stress have been a great help to teachers and students to work through situations and come out the other side in a better state of mind. When we combine these ideas with "getting out of the learning pit" we strengthen our capacity for adversity and resilience.

Quinten – your ability to articulate what was the right thing to do in a tricky situation was noticed! Well done for strengthening your resilience.

2018 School Swimming Program

Our swimming program for 2018 starts next Monday 26 November. Students will travel to Macksville Pool on the school bus.

Please make sure your children have their swimmers, 2 towels, a couple of plastic bags to put wet gear in, sunscreen and a swimming cap if they will need one. Younger students will also benefit with having a pair of goggles of their own.

The swimming program will continue on Mondays until 10 December. Please complete the attached permission note and return it by Thursday 22 November with payment.

Newsletter

I have had a couple of parents ask me why the style of punctuation etc has changed on the Newsletter eg, no th,nd or st after dates, less commas etc.

This is because we are writing for the website and these forms of punctuation are not recognised by the website program.

Julie

Bowraville Excursion

On Monday 26 November we will leave school at 9am and travel to Bowraville to visit the FPVC Museum and the Folk Museum. We will then move onto Macksville for the first day of the swimming program.

Students will need to bring their own lunch and morning tea as well as plenty of water. The cost of this excursion is \$10 per student. Please complete the attached permission note and return it to school by Thursday 22 Nov.

Regards,

Sarah Landers
Principal

P & C Christmas Raffle

Attached to the Newsletter today are raffle tickets for each family. Terri has put a note in each envelope with information about tickets sales etc.

**Taekwondo is on again on
Thursday from 5pm.**



Our new students enjoyed their first day at Medlow.

